

Abdominal Therapy for Professionals PREGNANCY TO POSTPARTUM

**Boulder, CO
December 1-4, 2022**

with Amy Colo CPM, LMT



If pregnancy, birth and postpartum is your passion, you've gotta do this!
Increase your value to your community by learning how to:

- **minimize pain and discomfort** during pregnancy
- **optimize fetal position** by keeping the uterus centered and buoyant
- **facilitate a functional labor and birth** by mobilizing the sacrum and reducing tension in the pelvic floor
- **empower the birthing parent** and help them connect with their baby through self-massage specific to pregnancy
- **Nudge someone into labor** when they need it
- Educate your clients during pregnancy and **prepare them for a smoother postpartum**
- **Support cesarean recovery**

Gather with a group of experienced practitioners to deepen your knowledge and enhance your bodywork skills. As always, there will be heart-opening, laughter & song.



click for [**Details and Registration**](#)

Tuition: \$925 for ATC members, \$1025 for non-members

Questions? [**message@amycolo.com**](mailto:message@amycolo.com)

About Amy:

A Certified Professional Midwife, Licensed Massage Therapist, and founding member of the [**Abdominal Therapy Collective**](#),

**ABDOMINAL
THERAPY
COLLECTIVE**